

MATERIALS

WHAT YOU'LL NEED

- A bucket or bag
- Play dough (Don't have any? Check out this recipe: <u>https://www.youtub</u> <u>e.com/watch?</u> v=oAIAm6BF0fs)
- Assorted objects that are larger than your tot's mouth
- A firm workspace that can be wiped down after



This activity is inspired by our Trains & Tots programs at the PumpHouse. The program runs on Tuesdays and Wednesdays in the summer.

About Trains & Tots

Each week we engage our eyes, ears, and hands in developmentally appropriate activities designed to stimulate and support child development in the early years.

Subscribe to our newsletter to get more updates!

Check the Leisure Guide for upcoming sessions.

@KingstonPumpHouse www.kingstonpumphouse.ca We love to explore objects with our hands! Let's use our hands and dough to see what impressions we can make with objects.



BIG QUESTION

What different textures can we feel?



Step by step activity instructions on next page.



BONUS QUESTIONS!

How do the objects feel? What objects are big? Which are small? Can we count the number of objects?







COLLECT THE MATERIALS

1. Walk together and find objects with different textures.



2. Talk about the object with your tot. Describe it. Ask questions. For example, "Wow, you found a rock! How does it feel?

3. Encourage your tot to pick up the item and place it in the bucket.

MAKE IMPRESSIONS

3. Check the objects to make sure they are safe for your tot. Wash if needed.

4. Place dough on a firm, clean surface. With your tot, push the dough to spread it out.



Bonus: Use a rolling pin together to work on gross motor skill development.

MAKE IMPRESSIONS

5. Guiding your tot, take an object and push it into the dough.

Encourage your tot to try and roll the item. Ask, "Does it roll? Why or why not?"





Older Child at Home?

Have them complete the activity, but instead of using their hands, ask them to use their feet or elbows for an extra challenge!

Extend the activity by asking them to predict what they think the imprint may look like!



